

Happy Holidays from TCHP!



From all of us who are honored to call TCHP home, we wish you a healthy, happy, blessed holiday season and wonderful new year!

Kathy, Jan, Kim, Mary and Connie

Note from the Executive Director

A year already? Where does the time go? As I near the end of my first year, I am overcome with a sense of gratitude. The year has been one of challenges and triumphs and I am humbled to be a part of this phenomenal organization. I have had the opportunity to share my personal story of living without health insurance at a number of fundraising and networking events over the past year. I will continue to share my experiences if it helps others recognize that the face of the uninsured might be that of our neighbors, friend, fellow parishioner, service worker or the clerk at our local market.

The goal has been to continue to remind everyone that the face of our patients are those you see and talk to everyday, and that affordable healthcare is not only good for the individual, but the community as a whole. That the healthier the community is, the stronger we all are. Job rates go up, local spending is up, community involvement is enriched. Good health is related to improved quality of life and, therefore, to economic health. TCHP is the foundation for a healthy community. We are the primary care facility for over 500 residents. We are so much more than a free clinic. The collective benefit for the community is fostering the human potential available to all of us.

Thank you to everyone who has volunteered, donated, helped spread the word on our mission and provided guidance over the last year. A very special thank you to our board of directors, auxiliary board and staff—I'm truly blessed. I'm confident that 2018 is going to be another learning experience and I am excited at the opportunities that brings! Happy holidays!

Kim Lamansky



"When it's better for everyone, it's better for everyone."

-Eleanor Roosevelt



THANK YOU!

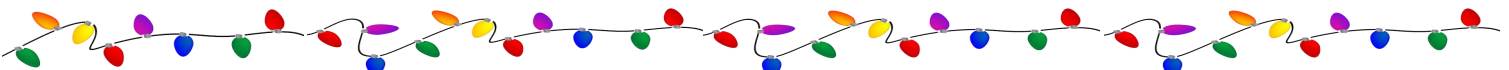
"Laughter is the Best Medicine" was a wonderfully fun event! On behalf of the staff, Board of Directors, Auxiliary Board and patients we serve, thank you to all who volunteered, donated and attended our event.

Congratulations to Bob Manthei for winning the 50/50 raffle! And a very special thank you to him for donating his winnings BACK to TCHP!

We are truly blessed!



Dr. Kimber and friends enjoying the show!





Volunteer Spotlight



As a physician, it has always been a pleasure and an honor to care for patients. When I was a Loyola medical student, I made house calls on the south side of Chicago. At Cook County Hospital we cared for 100's of patients (OB's, trauma, peds, surgery, tumors) who required help but had no resources. The US Public Health Service experience caring for Alaskans in the village was gratifying. Hines VA Hospital provided the opportunity to care for the veterans who stood up for the US and freedom. Private practice patients were gracious but many were needy. Since I'm no longer doing cardiovascular and general surgery, this seemed to be a perfect opportunity to continue providing care and assisting the community.

Thank you for this opportunity.
R. Dieter, MD
Volunteer Doctor



When I first heard about TCHP, I had no idea how great the need was in our community or that there was an organization in place to meet the demand. I had a preconceived idea of what I thought a free medical clinic would be like, and I was absolutely blown away instead. The quality of the facility and the staff working at TCHP are unparalleled. I'm proud to be a part of this organization, and I do my best to make sure that we're no longer the best kept secret in the Fox Valley.

Nick Ninedorf
Board Member

Health is the most precious thing we can own. I grew up in this beautiful town, and want to give back. TCHP is a wonderful organization that honors both those concepts at once for me!

It's a no-brainer.
Robyn Flinn
Auxiliary Board Member



TCHP is an important part of my life as a dental assistant. To give without judgement and lead with compassion to another person to improve the way they feel physically or emotionally is the best gift I know how to give. Anyone giving in this way can't underestimate it's power. It strengthens one's heart and soul and can have a profound impact on someone's life.

Barb Braulick
Dental Volunteer



Board of Directors

Timothy Smith—Board Chair
Chris Woelffer—Vice-Chair, Treasurer
Wendy Santucci—Secretary
Nick Ninedorf—Officer
Dr. Sarah Kimber—Medical Director

Dr. Steve Holtsford—Medical Director
Dr. John Mason—Dental Director
Joan Burke—Director
James Cooke—Director
Dr. Mark Daniels—Director

Auxiliary Board



Shawn Kruzan—Chair
Carla Adams
Jodi Ariss
Cindy Brown
Phil Bukowski
Jim Davis
Robyn Flinn

Jodi Manthei
Anna Meltzer
Nell Novak
Jennifer Saylor
Sherri Smith
Tom Stiberth

Your name? Interested in joining this fun group?

HEARING FROM OUR PATIENTS

I am so fortunate to have discovered the Tri City Health Partnership in 2012!

A friend had been a patient there for some years previously, and it seemed that every time I saw him he would talk about his latest check-up, procedure, prognosis, etc. He, like myself, could not afford health insurance. We are both tradesmen and work was spotty, as it is today. We both own homes, his in Geneva and mine in St. Charles. While making ends meet, my health care took a back seat to living expenses.

At the urging of my family and others, I thought about making an appointment. I admit that I had some anxiety about doing so, as I hadn't had a check-up in 20 years, and I was 59 years old. Musician Warren Zevon was on a talk show lamenting that he had an incurable illness, something that could have been easily treated had he gone to a doctor and had it diagnosed early. I decided to visit Tri City Health Partnership.

Initially, I visualized the stereotypical dreary office and endlessly long wait that one might expect from a volunteer based organization, but walking through the front door instantly dispelled that notion. It has a cozy waiting room. I met with Kathy, the receptionist. She was friendly and down to earth. She gave me forms to fill out. They wanted a copy of my tax return. When all was complete, they accepted me as a patient!

I was happy to learn that one can make an appointment there, and they are very good about seeing you at or near the scheduled time. But what really amazed me is how they are like your personal primary care physician. I had one thought: that a free clinic was a place to go when you have, for example, an infection, and need a prescription for antibiotics. Of course, TCHP will do that, but they are so much more. At each visit, a nurse takes your blood pressure, temperature, weight, etc. and logs it. They keep you coming back, monitoring your health comprehensively and thoroughly. They give you the latest exams and lab work. There is an atmosphere of true compassion and caring, and they don't make you feel like you are a burden to them.

The heart of it, though, is their vast network of volunteer Doctors and Nurses who selflessly donate their time and skills to help people. They are not peripherals, but highly regarded men and women who practice at our great hospitals and are at the forefront of medicine. It's hard for me to imagine them finding the time to do what they do, including, at least for me...

- * Diagnosing and treating my high blood pressure
- * Blood Tests
- * Ear cleaning
- * Comprehensive eye exam at Geneva Eye Clinic
- * Test for possible bone loss at Delnor
- * Ongoing full body dermatology exams every 6 months by Drs. Larry and Evan Johnson at Delnor Hospital.
- * Operations for basal cell carcinoma
- * They found a malignant tumor (melanoma) on my thigh and arranged to have it surgically removed at Delnor Hospital. Dr. Preston Riley volunteered his surgical skills and treated me afterward in his office. The Hospital forgave their bill. Somehow, the anesthesiologist was paid, as did everyone else.
- * Referral to cancer specialist Dr. Baer

I'd probably be dead now from cancer had I not had that operation. Now I'm an ex-patient, having gone the road of the Affordable Care Act. I miss the clinic, though. I'm sure that there are many people for the clinic to serve who fall between the cracks, as I did.

Sincerely, John

My name is Jonathan and Tri City Health Partnership has literally saved my life. Being a commissioned sales person has plenty of ups and downs. A couple of years ago as the cost of health insurance began to rise with the changes made by the government, I found myself struggling to pay the increased premiums.

Ultimately, I had to forgo insurance for myself. With some issues such as high blood pressure, high cholesterol and diabetes it became imperative that I find a solution to get refills on my prescriptions. I was introduced to Tri City Health Partnership and it was a huge blessing. I've utilized both their dental and general health services. The staff is kind, caring and sympathetic. Their only concern is making sure your health is taken care of.

As my sales have increased I have been very happy to donate to Tri City Health Partnership to ensure that the work they are doing continues. They are a valuable part of the community and provide a service that is sorely needed.

Salutations, Jonathan

WE ARE EXTREMELY THANKFUL FOR OUR VOLUNTEERS & DONORS!

PHYSICIANS & DENTISTS

Dr. Tim Albion
 Dr. Rajya Atluri
 Dr. Jeff Bohmer
 Dr. Felicia Chu
 Dr. Peter Cladis
 Dr. Raymond Dieter
 Dr. Scott Dykes
 Dr. Katherine Fackler-
 Chapman
 Dr. Patrick Gannon
 Dr. Susan Hamada
 Dr. Thomas Hazel
 Dr. Steve Holtsford
 Dr. Allison Jensen

Dr. Sarah Kimber
 Dr. Gary Kohn
 Dr. Kevin Krol
 Dr. Photine Liakos
 Dr. John Mason
 Dr. Marilyn Mistry
 Dr. Robert Nierzwicki
 Dr. Carl Pavel
 Dr. Art Proust
 Dr. Robert Reeder
 Dr. Thomas Skoumal
 Dr. Peter Smith
 Dr. Susie White
 Dr. Joseph Wolski

NURSES

Carol Ahmad
 Fely Arnold
 Karolina Bocian
 Cindy Brown
 Teresa Buratczuk
 Joan Burke
 Deb Coleman
 Ashley Gonzalez
 Elizabeth Higgins
 Joan Joseph
 Jaclyn Leibforth
 Jessica Lenartowicz
 Tracy Louis

Flora Lucas
 Linda McBride
 Marybeth McGreevy
 Linda Mulder
 Emily Nierzwicki
 Joyce Proust
 Teri Roberts
 Jennifer Schweizer
 Cathy Snyder
 Holli Spata
 Paula Tyburk
 Susan Wilding
 Cynthia Yeo

DENTAL HYGIENISTS

Christine Bethel
 Christina Byrne
 Jeanie Crown
 Kortney Harris
 Lisa Hartranft

DENTAL ASSISTANTS

Barbara Braulick
 Audrey Chu
 Geraldyn Schneider

VOLUNTEER SPECIALISTS

Dr. Susan Acuna
 Dr. Carla Adams
 Dr. Lawrence Alberti
 Mr. Jeff Anderson
 Dr. Keven Arnold
 Dr. Steven Baginski
 Dr. Sakina Bajowala
 Dr. Eric Bartel
 Dr. Paul Batty
 Dr. Robert Bayer
 Dr. Norbert Becker
 Dr. Steven Bielski
 Dr. Katherine Brito
 Dr. Arkadiush Byskosh
 Dr. Eileen Cahill

Dr. Robert Christ
 Dr. Navinchandra Dodhia
 Dr. Jon Doud
 Dr. Jasmin Eco
 Dr. William Foerstel
 Dr. Scott Genutis
 Dr. Christopher George
 Dr. Bahram Ghaderi
 Dr. David Ginsberg
 Dr. Mark Glesener
 Dr. Keith Gordey
 Frank Grill L.Ac., M.Ac.
 Dr. Kevin Haddle
 Dr. Christopher Hampson
 Dr. Anjali Hawkins

Dr. Lauren Hewell Fischer
 Dr. Michele S. Horton
 Dr. Evan Johnson
 Dr. Kevan Ketterling
 Dr. Kevin King
 Dr. Denise Kissel
 Dr. Brian Kloberdanz
 Dr. Andrew Kramer
 Dr. Michael Larry
 Dr. Bill Mackin
 Dr. Robert Maganini
 Dr. Arun Mani
 Dr. Christopher May
 Dr. Perry Menini
 Dr. Mark Mondul

Dr. Darran Moxon
 Dr. Yogesh Patel
 Dr. Craig Popp
 Dr. Eric Quartetti
 Dr. Kishore Santwani
 Aparna Sekhar, PT
 Dr. Ronald Simone
 Dr. Michele Slogoff
 Dr. Vito Spadafino
 Dr. Gregory Spitz
 Dr. Herbert Stith
 Dr. Craig Torosian
 Dr. Brett Trockman
 Dr. Melanie Zahner
 Dr. Scott Zahner

2017 GRANT AWARDS

\$70,000+

Northwestern Medicine Foundation

\$50,000+

St. Charles Country Club Members

\$20,000—\$30,000

Patrick and Robyn Flinn Foundation
 VNA Foundation

\$15,000

Blowitz-Ridgeway
 The Alfred Bersted Foundation

\$10,000

Hansen-Furnas Foundation
 St. Charles 708 Mental Health

\$5,000-\$9,999

Batavia United Way
 Evelyn Carter Foundation
 Exelon Corp.
 Fox Valley United Way
 Batavia Township

\$2,000 - \$4,999

Geneva Lions "We Serve Foundation"
 Community Foundation Of Fox River Valley
 Feeney Family Charitable Trust
 Geneva Community Chest

Up to \$2,000

The Congregational UCC
 Northwestern Medicine Employee Give
 Batavia Mother's Club
 Geneva Women's Club
 Bethany Lutheran Foundation
 Kiwanis Club of Batavia
 St. Charles Kiwanis
 St. Charles Rotary
 Calvary Episcopal Church



Proud Staff

Kim Lamansky, Executive Director

Janette Jones, DNP, FNP-BC, Clinical Director

Kathy Rosignal, Clinic Coordinator

Mary Garcia, RDH, Dental Program Manager

Connie Bowman, Patient Advocate Coordinator

630-377-9277 / info@tchpfreeclinic.org / www.tchpfreeclinic.org

OUR MISSION

The mission of Tri City Health Partnership is to provide quality healthcare, in an environment of mutual respect, to those members of the community without the ability to pay for services. We promote better life choices through education and preventive care to foster the growth of the whole individual.

snapshot

2017 Year-to-Date Stats

- ◆ 363 unique patients
Total since 2001: 6,019
- ◆ Number of patient visits: 1,552
Total since 2001: 29,181
- ◆ Dental visits: 367
- ◆ 178 New clinic patients
- ◆ 32 Patients received free mammograms
- ◆ 946 free medications dispensed
- ◆ 12 free eye exams and glasses
- ◆ 147 free TB tests to Lazarus House residents and staff
- ◆ Average patient: A family of 3 with a monthly net income of \$1,948
- ◆ 53% are between the ages of 40-59
- ◆ 30% have full-time jobs
- ◆ 34% work one or more part-time jobs

LIVE HERE,
GIVE HERE.

Nov. 28 www.IIGive.com



Black Friday, Cyber Monday, Giving Tuesday—Nov. 28

TCHP will be participating in this global 24 hour online campaign. Watch your email and social media on how you can help share our mission, raise awareness and much needed funds.

24 hours can change a life.

DID YOU KNOW?



Our E-Newsletter is up and running!

TCHP will only be mailing one newsletter per year to save funding. We are looking for email contact information so we can send future information electronically. Please email us at info@tchpfreeclinic.org with your current contact info. Thank you!

According to the 2016 Kane County Health Assessment, **12.6% (18,167) of Kane County Adults age 18-64 report having no insurance coverage for healthcare.**



Would you like info on how to donate your stocks or RMD directly to TCHP? Have you considered including us as part of your legacy? Please contact us to speak to an expert on giving options.

We have enclosed a donation envelope in the hope that you will consider contributing to our mission. Every dollar donated enables TCHP to provide approximately \$20.00 in medical and dental care. \$204 is the cost of one complete clinic visit. **You truly can make a difference!**

“Your legacy is every life you’ve touched.”
-Maya Angelou

Tri City Health Partnership
Medical and Dental Clinic
Connecting a Healthy Community



Tri City Health Partnership
318 Walnut St.
St. Charles, IL 60174
630-377-9277

**NONPROFIT ORG
U.S. POSTAGE
PAID
ST. CHARLES, IL 60174
PERMIT #5**

DATED MATERIAL
Please Expedite

2018 Plans!

SAVE THE DATE
ALL IN FOR
HEALTHCARE
FALL FUNDRAISER
SATURDAY
OCTOBER 20